

ST. CHARLES ELEMENTARY SCHOOL
4331, rue Sainte-Anne, Pierrefonds (Québec) H9H 4G7
Tel.: (514) 626-0480 Fax: (514) 626-5522
Internet: www.lbpsb.qc.ca

Dear Parents,

As our school is devoted to the well-being and health of children, we want to inform you of our wish to comply with medical recommendations concerning various allergies.

Since several of the children who attend St. Charles School are extremely allergic to certain food (e.g. nuts, peanuts, eggs, sunflower seeds, seafood, just to name a few), we are requesting your cooperation when preparing your child's snacks and lunches.

Also, whenever the children bring in any kind of food for birthdays, Christmas, etc. the food **MUST BE STORE BOUGHT**, so as not to cross contaminate from our kitchen counters and utensils, and it must have the peanut free symbol and all ingredients shown on the original label. Even though it has the peanut free symbol, it may contain nuts.
NO HOMEMADE FOOD WILL BE ACCEPTED.



The homeroom teacher will advise you of the allergies in his/her particular classroom.


At St. Charles, it is mandatory for the children to **WEAR** their epipens. This was a decision made by the Governing Board and therefore must be respected.

These measures are intended above all to provide a safe environment for these children, since even with a small quantity, the food can induce very severe allergic reactions. We understand that these measures may cause you some inconvenience. This is why, on behalf of these children, we wish to express our thanks and appreciation.

If you have questions or comments, please do not hesitate to contact us.

Thank you for your cooperation.

Sincerely,



Lisa Baylis
Principal